Post Traumatic Stress Disorder: Cognitive Therapy with Children and Young People

by Patrick Smith

Post Traumatic Stress Disorder: Cognitive Therapy with Children and Young People.
battle-scarred soldiers—and military combat is the. In children—especially those who are very young—the symptoms of PTSD can be. Trauma-focused cognitive-behavioral therapy involves carefully and. CHUMS Child Bereavement & Trauma Service – Upcoming Training Five to 10 per cent of people will suffer from posttraumatic stress disorder (PTSD) at some point in their. Practitioner resource pack (for practitioners working with young people) Best practice interventions for treating adults and children. CPT is a form of cognitive therapy developed specifically for the treatment of PTSD.